

surely not give him a chance to go at it by himself. And I'd bet that Mark will be back to give both of them a run for their money, too.

Mardi Gras 125 Mile

Baton Rouge, Louisiana

April 13

125 miles on the levee

1. Tyler Curiel, 46	24:50
2. Mark Henderson, 42, TX	25:10
3. Gary Wright, 51, WA	39:53
4. Andy Williams, 55, FL	100 miles
5. Joe Wills, 46	50 miles

Wild West Marathon

Lone Pine, California

May 5

Roads, 3,600 feet elevation change

1. Blake Wood, 43, NM	3:17:11
2. James Brennen, 43	3:31:42
3. Jeff Kozak, 27	3:37:05
4. Herb Tanzer, 50	3:38:44
5. Mike Ruhe, 33	3:39:50
6. Jussi Hamalainen, 56	3:43:11
7. Phil Kiddoo, 27	3:43:53
8. Mac Williamson, 37	3:47:34
9. Al Val Verde, 43	3:53:52
10. Richard Hillestad, 60	3:58:25
11. Alan Villavencio, 33	3:59:34
12. Bjorn Grass, 41, GER	4:02:45
13. Dan Meyers, 45	4:04:39
14. Kim O'Malley, 25	4:05:39
15. Eric Peitzsch, 23	4:15:32
16. Don McLean, 57	4:20:57
17. Joe Lane, 23	4:21:57
18. Greg Talbot, 48	4:22:42
19. Jim Rucker, 53	4:23:39
20. Diana Rush, 41	4:28:22
21. Steven Watanabe, 48	4:30:26
22. Roger Weingaertner, 54	4:31:36
23. Jeff Blair, 37	4:32:32
24. Christian Ratsch, 35	4:36:14
25. Rebecca Gettelman, 30	4:37:52
26. Susan Enlow, 46	4:40:36
27. John Radich, 48	4:40:57
28. Jeff Padilla, 52	4:43:02
29. Luis Tueme, 37, WA	4:45:17
30. Chris Batteate, 50	4:48:43
31. Rick Miller, 47	4:53:25
Eric Kajiwarra, 55	4:53:25
33. Tim Sheedy, 52	4:53:44
34. Matthew Randall, 46	4:54:34
35. Denis Trefecanty, 59	5:01:31
36. Keri Puhl, 41	5:05:27
37. John Rowe, 39	5:06:08
38. Frank Gay, 56	5:06:21
39. Tom Comar, 58	5:07:16
Denise Sprague, 42	5:07:16
41. Randy Snyder, 53, NV	5:10:54
42. Andre Untiedt, 47	5:14:43
43. Mark Hamilton, 45	5:19:00

Women Rule KUS 12 and 24 Hour Again

by Marc Friesen, R.D.

A small field of 11 runners assembled at the start of the KUS 12 and 24 Hour. The course in Linwood Park is flat one-mile asphalt and concrete loop. Due to the heavy rainfall ending just prior to the race start, there were three water crossings, one nearly ankle deep, but they did not last long. Temperatures were in the mid-50s at the start, but rapidly climbed to a humid 80 degrees. Fortunately, dehydration was not a factor for most runners. Most chose to be cautious, drinking plenty of fluids and taking in the necessary electrolytes.

Early in the 24-hour race two competitors jumped out ready to do battle: Sandy Bock-Powell from Virginia and Jack Christian from Oklahoma. They would remain within two miles of each other until Jack called it a day at the mid-point of the race. Sandy continued on in very steady and methodical fashion until her victory, piling up an impressive 121 miles. This will no doubt be one of the best distance totals in the nation this year for women at 24 hours. Fred Dummar was 20 miles behind at the end, racking up a solid 101. This was Fred's first venture beyond 100 miles.

The 12-hour saw several first time ultra competitors. One of the goals of the KUS is to help introduce ultrarunning to novices. We hope those competitors had an enjoyable experience completing their

first ultra. Frank and Joan ran solidly together through six hours, finishing just beyond the 50-km. Fred and Susan also raised the considerable amount of \$3,000 for a girl who needs a double lung transplant. This truly shows what great competitors and great people enter ultrarunning events!

This event would not have been made possible without all the great volunteers who came to help out at the event. I simply couldn't have done it without them, and thank all of our competitors who came out to support ultrarunning in the state of Kansas. We hope you will return soon.

KUS 24 Hour and 12 Hour

Wichita, Kansas

April 27

One-mile loop, certified

24 Hours

1. Sandy Bock-Powell, 44, VA	121
2. Fred Dummar, 33, MO	101
3. Jim Perry, 52, OK	66
4. Jack Christian, 49, OK	65
5. Chris Haigh, 36	61
6. Bill Shirk, 56	48

12 Hours

1. Susan Dummar, 37, MO	47
2. Kurt Kennett, 34, MO	41
3. Frank Dayton, 38	32
4. Joan Morris, 35	32

Juley Frazier, 41	5:19:00	66. Tim McLean, 34	6:01:15
45. Greg Minter, 41	5:21:34	67. John Carey, 58	6:02:35
David Harvey, 55	5:21:34	68. Patricia Brady, 48	6:05:01
47. Brian Tsuyuki, 49	5:21:44	69. Robert Rainey, 44	6:05:02
48. Todd Fanaoy, 40	5:22:07	Karen Mayo, 39	6:05:02
49. Cliff Hunt, 28	5:23:00	71. Judi Richardson, 57	6:05:18
50. Michelle Rochfort, 24	5:27:01	72. Tibor Nagy, 29	6:05:25
51. Aurora Arroyo, 52	5:31:38	Gwen Camomile, 40	6:05:25
52. Tom Harry, 47	5:31:41	74. Cindi Stock, 44	6:05:38
53. John Swallow, 60	5:40:52	75. Jim Haen, 50	6:08:02
54. Jeff Robbins, 50	5:41:17	76. Sheri Okamoto, 43	6:12:20
55. Astrid Varga, 51, CAN	5:42:30	77. Bill Dickey, 62	6:14:39
56. Helmut Linbichler, 60, MI	5:45:21	78. Stephanie Von Meeteren, 36	6:20:00
57. Matthew Stevens, 46	5:47:26	79. Denise Jones, 55	6:41:29
58. Laura Risinger, 44	5:47:37	80. Kathy Kusner, 60	6:53:00
59. Steve Fujinaka, 42	5:47:56	81. Debbie Brown, 41	7:02:42
60. Linda Emerson, 43	5:51:00	Carol Ann Wolfe, 41	7:02:42
61. Alejandro Salazar, 35, TX	5:55:38	83. Ben Jones, 69	7:30:00
62. Jason Grose, 33	5:56:39	84. Debra Robinson, 50	8:17:25
63. Steve Matsuda, 45	5:57:52	Carol Doud, 47	8:17:25
64. Armando Strozzi, 38	6:01:07	86. Adrienne MacDonald, 39	8:25:12
65. Nick McNaughton, 49	6:01:13	87. Ruth Carter, 62	9:10:00