

Capon Valley 50 Km

Yellow Spring, West Virginia

May 17

Trails

1. Barry Lewis, 43, PA	3:47:45
2. Derrick Carr, 42, VA	3:55:40
Tom Possert, 40, OH	3:55:40
4. William Butcher, 38	3:58:35
5. Eric Linder, 23, MD	3:59:47
6. Jason Griffith, 33	4:02:58
7. Hamilton Tyler, 39, MD	4:06:20
8. Jeff Holdaway, 44, VA	4:07:22
9. Keith Moore, 34, DC	4:08:37
10. Scott Mills, 51, VA	4:11:49
11. Bill Young, 36	4:16:21
12. Kevin Hawn, 44, PA	4:17:17
13. Erik Beecroft, 43, MD	4:27:32
14. <u>Annette Bednosky</u> , 36, NC	4:27:55
John Hayward, 40, DC	4:27:55
Joe Clapper, 44, VA	4:27:55
17. Matt Yeager, 35	4:28:42
18. <u>Karen Shiley</u> , 27, PA	4:30:47
19. <u>Amy Robbins</u> , 40, VA	4:32:48
20. <u>Monika Bracken</u> , 37, VA	4:33:16
21. John Guendelsberger, 52, VA	4:34:45
22. Ronald Ely, 32, MD	4:34:59
23. Rollin Stanton, 59, VA	4:35:00
24. Dan Lehmann, 52	4:35:35
25. Norm Sandstrom, 56, VA	4:37:12
26. <u>Sophie Speidel</u> , 40, VA	4:38:35
27. Ed Ayres, 61, VA	4:38:45
28. Buddy Nash, 42, NC	4:38:58
29. Danny McDonnell, 45, MD	4:39:05
30. Greg Sandstrom, 19, VA	4:39:34
31. Steven Hjalmerik, 31, VA	4:40:12
32. <u>Laura DeWald</u> , 45, MD	4:42:06
33. Dave Kanners, 56, MI	4:42:56
34. Mark Prescott, 44, VA	4:44:22
35. Jeff Hinte, 47, MD	4:45:15
36. Andrew Pinger, 28, DC	4:50:51
37. Gary Reilly, 47, MD	4:51:00
Kevin Sayers, 44, MD	4:51:00
39. <u>Sally Smith</u> , 27, VA	4:51:30
40. <u>Theresa Lyon</u> , 39, VA	4:54:08
41. Joel Lowdermilk, 45	4:54:09
42. Farouk Elkassed, 53, VA	4:54:25
43. Stephen Rothandler, 35, VA	4:54:27
44. Paul Ammann, 42, VA	4:54:31
45. Bert Ammann, 51, VA	4:56:51
<u>Carolyn Wilson</u> , 43, VA	4:56:51
47. John Farmer, 39, VA	4:57:21
48. Quatro Hubbard, 43, VA	4:59:46
49. Linda Wack, 47, MD	5:00:08
50. John Porter, 52	5:01:43
51. Mark Meehan, 36, NJ	5:02:05
<u>Eva Rosvold</u> , 29, MD	5:02:05
53. John Killmon, 51, MD	5:03:10
54. Mike Broderick, 46, MD	5:05:03
55. Gary Richwine, 54, MD	5:05:44
56. Geoffrey Baker, 44, MD	5:05:46
57. <u>Suzie Spangler</u> , 32, MD	5:06:10
58. <u>Debbie Sanville</u> , 42, PA	5:06:46
59. Bill Turrentine, 54, VA	5:08:16
60. <u>Kerry Owens</u> , 40, DC	5:08:28
61. Minot Clements, 44, VA	5:10:16

62. <u>Amy Baker</u> , 25, DC	5:11:12
63. Paul Newton, 34, MD	5:11:43
64. Barry Capelli, 55, VA	5:11:55
65. Billy Lese, 34, VA	5:12:38
66. Robert Ring, 54, VA	5:13:23
67. J.R. Nolen, 47, VA	5:14:23
68. <u>Ann Robb</u> , 40, VA	5:14:30
69. Michael Holland, 48, MD	5:14:41
70. Daniel Todd, 29	5:16:22
71. <u>Lisa Green</u> , 34, VA	5:16:45
72. Bob Gaylord, 54, VA	5:16:54
73. Shawn Batts, 29, VA	5:18:33
74. James Chiado, 41, MI	5:19:53
75. <u>Theresa Ottina</u> , 36, VA	5:20:14
76. Mark Russell, 44, VA	5:21:00
77. <u>Mary Deppa</u> , 45, VA	5:22:26
78. Kevin O'Connor, 56, VA	5:22:57
79. Christopher Rivard, 29, VA	5:23:10
80. <u>Victoria Kendall</u> , 50, VA	5:25:28
81. <u>Marty Lindemann</u> , 42, VA	5:26:36
82. Alan Gowen, 53, MD	5:26:50
83. Stanley Spence, 47, VA	5:28:57
84. Brian McNeill, 44, MD	5:29:50
85. <u>Sandra Adams</u> , 53, VA	5:32:16
86. Thomas Robb, 40, VA	5:32:39
87. Jerry Bergenstock, 61, NY	5:32:58
88. Jim Cavanaugh, 61, VA	5:34:03
89. Rodney Bondeson, 29, VA	5:34:43
90. <u>Janet Holland</u> , 47, VA	5:36:58
91. <u>Suzanne Ennis</u> , 28, DC	5:37:00
92. Mike Flynn, 40, VA	5:37:02
93. Mike Meadows, 31, VA	5:38:36
94. Kyle Stone, 34, VA	5:38:39
95. Wayne Lapham, 56, VA	5:39:06
96. George Moser, 57	5:39:57
Tim Palencik, 50, PA	5:39:57
98. <u>Cathy Drexler</u> , 42, WI	5:40:55
99. Lawrence DeHof, 53, MD	5:42:44
100. Donny Keller, 45, PA	5:42:52
<u>Suzanne Weighman</u> , 39, PA	5:42:52
102. Steve Burns, 50, VA	5:43:27
103. Lee Scruggs, 44	5:44:56
104. Milton Webb, 46	5:44:57
105. Raymond Abell, 62, VA	5:47:22
106. Bob Field, 51, MD	5:48:02
107. Tommy Trask, 56, VA	5:48:28
108. Charlie Miracle, 50, VA	5:50:01
109. David Huffman, 35	5:50:48
<u>Diane Kearns</u> , 44, VA	5:50:48
111. Phil Nissen, 58, MD	5:50:54
112. Wayne LaFollette, 32, MD	5:52:37
113. Jim Harman, 62, IL	5:54:25
114. Stan Neumann, 64, MD	5:57:20
115. <u>Jeanne Christie</u> , 45, MD	5:59:40
<u>Deborah Moulton</u> , 43, ME	5:59:40
117. <u>Mary Jane Baniak</u> , 30	5:59:42
118. Carl Gustafson, 42, MA	6:02:00
119. <u>Merrily Taylor</u> , 46	6:05:08
120. Chris Rivera, 31, DC	6:10:05
121. <u>Judy Gilbert</u> , 59, MD	6:11:40
122. <u>Caroline Leean-Stearns</u> , 41, VA	6:12:02
123. Walker Williams, 65, VA	6:12:03
124. Mark Kidwell, 52, NC	6:12:59
125. <u>Margie Hughes</u> , 40, DE	6:13:44
126. Kevin Howcroft, 45, MD	6:13:48

127. <u>Barbara Rellahan</u> , 43, MD	6:13:49
128. Philip Halapin, 52, VA	6:15:02
129. Bronson Platt, 53, CT	6:16:02
130. Paul Link, 46, VA	6:29:49
131. Weiming Yang, 37, MD	6:33:17
132. <u>Maria Bertacchi</u> , 38, VA	6:37:22
Donald Kresal, 39, VA	6:37:22
134. <u>Jane Sarazin</u> , 51, VA	6:40:17
135. <u>Natalie Anderson</u> , 44, NJ	6:40:22
<u>Celeste Fondaco</u> , 63, NJ	6:40:22
137. Jason Saurino, 26	6:42:49
138. <u>Mary Boyt</u> , 33, VA	6:43:00
Jim Fenton, 52, VA	6:43:00
<u>Tia Perry</u> , 35, VA	6:43:00
141. Miguel Gomez, 54, VA	6:46:42
142. Paul Dwyer, 63, VA	6:47:14
143. Shannon Silvus, 35, NY	6:52:20
144. <u>Faye Hawn</u> , 49, PA	6:52:38
145. <u>Janice Peterson</u> , 44, VA	6:53:46
146. <u>Pam Gowen</u> , 50, MD	7:01:48
147. Jose Nieves-Campos, 43, VA	7:01:48
148. <u>Sheryl Fahy</u> , 53, VA	7:02:54
149. Phil Anderson, 58, MD	7:06:12
<u>Carolyn Gernand</u> , 54, VA	7:06:12
151. <u>Kelly Bergenstock</u> , 30, VA	7:06:28
Kenneth Hawes, 45, VA	7:06:28
Joseph Malinowski, 55, VA	7:06:28
154. <u>Mary McMurray</u> , 36, VA	7:06:29
<u>Amy Riggio</u> , 28, VA	7:06:29
156. <u>Judy Masi</u> , 43, VA	7:07:19
157. James Bowman, 58	7:33:45
<u>Marilyn Schupbach</u> , 49, FL	7:33:45
159. George McVeigh Jr., 56, VA	7:36:56
160. <u>Colleen Snyder</u> , 47, VA	7:57:27
161. <u>Olivia Carolin</u> , 53, VA	8:05:48
William Needham, 52, MD	8:05:48
John Thorsen, 67, VA	8:05:48

Ad Astra 100 Km, 50 Mile and 50 Km

Wichita, Kansas

April 26

Road loop

100 Km

1. Joe Gaebler, 25, CO	8:42:54
2. <u>Janet Runyan</u> , 44, CO	8:56:31
3. Dann Fisher, 39	9:18:04
4. Chris Jarvis, 44, NE	12:27:52
5. Jim Davis, 61	13:11:49
6. <u>Nancy Davis</u> , 51	13:11:49

50 Miles

1. Dianne Holper, 46	13:17:28
Richard Ehret, 70, CO*	12:52:27
*Dropped from 100 km	

50 Km

1. Eric Steele, 37	4:49:13
2. Dick Lipsey, 57	5:46:21
3. Bill Shirk, 57	6:07:14
4. Richard Golden, 56, OK	6:14:23
5. Jim Myer, 55	6:18:35
6. Alan Hill, 55	9:09:38
7. <u>Jan Shirk</u> , 46	9:48:59
8. <u>Cynthia Ehret</u> , 68, CO	10:41:16