

88. Rebecca Cress, 33	5:54:42
89. Samantha Pinney, 43	5:54:56
90. David Pirogowicz, 58	5:55:45
91. Steve Ansell, 41	5:56:00
92. Tony Lillios, 31	5:57:53
93. James Irwin, 30	6:00:21
94. Harvey Wong, 39	6:01:52
95. Nathan Rajotte, 26	6:02:43
96. Eric Hayton, 40	6:03:34
97. Matt Massey, 33	6:04:22
98. Jay Marsh, 46	6:05:38
99. Harald Walther, 44	6:05:41
100. Kabri Schmid, 25	6:06:57
101. Chet Fairbank, 36	6:13:41
102. Jonathan Dusaint, 32	6:15:17
103. David Noland, 36	6:16:30
104. Ken Brunt, 45	6:16:33
105. Brad Ingram, 20	6:19:03
106. Sharon Sanders, 52	6:19:07
107. Martina Koldewey, 46	6:19:18
108. Jesse Saks, 37	6:20:11
109. Charles Cochran, 26	6:20:42
110. John Koester, 60	6:21:03
111. Yariv Rabinovitch, 40	6:22:17
112. Ben Roschke, 33	6:22:35
113. Marie Lanka, 32	6:23:04
114. Margaret Ellis, 35	6:23:38
115. Julie Wilson, 42	6:25:35
116. Jesi Vasquez, 29	6:25:53
117. Domingo deGuzman, 50	6:25:55
118. Justin Sarrach, 35	6:27:25
119. Thomas McCain, 43	6:28:26
120. Beat Jegerlehner, 40	6:30:12
121. Ricky Laniohan, 29	6:30:35
122. Ashley King, 22	6:31:22
123. Mike Scammon, 39	6:31:28
124. Travis Colburn, 29	6:32:16
125. John Mackenzie, 54	6:33:08
126. Sean Randolph, 59	6:38:14
127. Andrew Hackett, 43	6:38:44
128. Greg Szumski, 48	6:39:09
129. Charity Dubberley, 28	6:39:30
130. Darshan Thaker, 35	6:40:09
131. Peggy Dove, 32	6:41:33
132. Lien Kench, 40	6:42:18
133. Barry Whall, 45	6:42:19
134. Edith Harbaugh, 31	6:42:58
135. Diane Ambrose, 49	6:43:59
136. Nancy Waggoner, 45	6:45:57
137. Sarah Bracamontes, 38	6:46:35
138. Ashish Naik, 42	6:49:46
139. Nicholas Gould, 42	6:50:06
140. Ali Orlandi, 26	6:50:15
Jenny Lockwood, 42	6:50:15
142. David Kung, 3	6:51:18
143. Shane Utke, 35	6:53:27
144. Steve Tharp, 41	6:54:04
145. Mike Weston, 49	7:02:45
146. Jim Hopp, 46	7:03:20
147. Todd Wong, 40	7:05:19
148. Alecia Hoobing, 32	7:05:37
149. Anna Ellis, 29	7:05:38
150. Erin Hoobing, 31	7:05:42
151. Appollonia O'Brien, 47	7:06:28
152. Edie Kuhlmann, 48	7:07:38
153. Brian Ruf, 46	7:09:08
154. Cynthia Farrell, 42	7:11:48
155. Amanda Casto, 28	7:12:46
156. Richard Rebada, 34	7:14:31
157. Jennifer Hardy, 24	7:16:49
158. Joi Wong, 44	7:17:33
159. Dennis Lauritzen, 54	7:18:14
160. Michael Zensius, 38	7:20:01
161. Jason Chan, 34	7:25:21
162. Franelia Curaming, 39	7:26:13
163. Mindy Nguyen, 52	7:28:59

164. Lori Lefkowitz, 35	7:32:20
Brian Kelley, 28	7:32:20
166. Evangeline Ventura, 35	7:32:46
167. Adila Carlino, 40	7:32:49
168. Danny Baker, 43	7:35:39
169. Theresa Hatch, 33	7:40:56
Carol Lane, 63	7:40:56
171. Catherine Wong, 29	7:42:19
172. Ken Michal, 39	7:43:16
Karen Gerasimovich, 41	7:43:16
174. Eric Schaper, 43	7:43:44
175. Chris Zuleeg, 49	7:43:52
176. Marilyn Toscano, 44	7:49:17
177. Maria Gress, 43	7:50:18
178. Bill Rollinson, 50	7:52:14
179. Chris Richards, 33	7:52:42
180. Hironao Okahana, 26	7:53:11
181. Barbara Ceballos, 42	7:57:34
Rafaela Martinez, 55	7:57:34
183. Jessie Rodriguez, 34	8:00:43
184. Peter Cornell, 33	8:03:17
185. Alice Tang, 27	8:09:45
186. Toni Lambio, 32	8:13:05
187. Laura Reed, 38	8:13:34
188. Chester Cruz, 36	8:15:57
189. Lisa Parden, 45	8:26:22
190. Michele Free, 45	8:26:34
191. Ernest Nunes, 63	8:38:05

FREE STATE TRAIL RUN

LAWRENCE, KANSAS
APRIL 24 | ▲ 3,4

100 KM

1. Todd Nott	9:43:41
2. Jeremy Duncan	9:50:24
3. Tommy Doias	10:13:53
4. Brad Bishop	10:30:24
5. Joshua Pool	10:58:22
6. Phil Sheridan	11:00:31
7. Jim Kleveter	11:08:31
8. Andy Emerson	11:25:15
9. Gregory Murdick	11:54:49
10. Bob Andresen	12:07:43
11. Craig Duhn	12:20:43
12. Dustin Birdsong	12:34:42
13. Travis Saylor	12:35:21
14. Jesse Sjoberg	12:38:12
15. Reid Landes	12:50:17
16. John King	13:20:45
17. Larry Long	13:26:32
18. Adam Monaghan	13:55:20
19. Catharine Speights	13:58:30
Felix Wong	13:58:30
21. Derek Strain	13:58:44
22. Bob Murphy	15:15:54
23. Johnny Adams	15:21:45
24. Kimberly Spielman	15:22:49
25. Elden Galano	15:36:49
26. Dennis Haig	15:54:49
27. Tim Smith	16:09:32
28. Eddie Battitori	16:18:00
29. Brian Brooks	16:23:10
30. Steve Hoger	16:45:10

40 MILES

1. David Wakefield	4:50:11
2. Michael Adams	5:24:23
3. John Knowles	5:48:40
4. Norman Decelles	6:04:39
5. Andy Pele	7:18:11
6. Shane Cole	7:25:25
7. Marc Friesen	7:33:38
8. Aaron Harris	7:37:04
9. Scott Giddings	7:42:50
10. Todd Hildreth	7:45:48

11. Gregory Burger	7:48:24
12. Tim Woodring	7:50:00
13. Jennifer Yearley	7:58:43
14. Daniel Albertson	8:01:42
15. Bryan Tlamka	8:25:04
16. Christopher Armitage	8:34:00
17. Jeff Wells	8:43:05
Jason McGinnis	8:43:05
19. Willie Lambert	8:50:35
20. Seamus Buckley	8:58:25
21. Daniel Jones	8:59:40
22. Vicky Arterburn	9:02:15
23. Mark Hammer	9:15:48
24. Michael Eriks	9:21:24
25. Jonathan Mast	9:25:25
26. Shane Finn	9:36:08
27. Tom Glaeser	9:39:08
28. Brad Dains	9:42:00
29. Kevin Askew	9:46:41
30. Al Boyce	9:52:08
31. John Tindall	10:02:28
32. Travis Kierre	10:06:19
33. Sara Hanley	10:25:27
34. Mike Ramolt	10:29:55
35. Jay Mooney	10:36:22
36. Tim Collins	11:16:09
37. Joe Erwin	12:11:52
38. Russ Foster	12:55:50
39. Nels Bentson	13:38:00
40. Holley Lange	13:43:00
41. Phil Wright	13:56:10
42. Beth Hilt	14:28:32

RED MOUNTAIN 50K

ST GEORGE, UTAH
APRIL 24 | ▲ 2,1

1. Kevin Johnson	3:49:27
2. Steve Hooper	3:58:13
3. Micheal Fretz	3:58:28
4. Gene Geary	4:20:57
5. Frank Bozanich	4:26:00
6. Daniel Widerburg	4:28:54
7. Jill Robins	4:29:50
8. John Ziegler	4:55:50
9. Lidar, Fazulyanov	4:59:01
10. Mark Evans	5:05:31
11. Carson Wagstaff	5:11:40
12. Janice Willey	5:19:58
13. Kelli Husted	5:21:40
Debbie Zockoll	5:21:40
15. Michelle Graves	5:22:30
16. Shannon Jensen	5:25:24
17. Marshall Brown	5:29:40
18. Robert Pepper	5:31:10
Craig Fife	5:31:10
20. Ameli Williams	5:31:15
21. Brittany Farmer	5:31:22
22. Angela Hanks	5:31:26
23. Gina Ovard	5:31:29
24. Barton Wagstaff	5:37:19
25. Rose Shorter	5:47:50
26. Greg Vanderwerff	5:47:55
27. Eric Nelson	5:48:10
28. Davis Randall	5:50:32
29. Mathew Ferguson	5:50:45
30. Judy Blackmore	5:51:08
Mandy McLaws	5:51:08
32. Jane Moser Cox	5:59:16
33. Robin Smith	6:12:24
Tracy Dutton	6:12:24
35. Kenneth Wolsey	6:14:00
36. John Bozung	6:17:50
37. Karen Bangerter	6:34:40
38. Sandra Harting	6:54:03
39. David Cox	6:56:51

40. Leslie Peterson 7:11:58
 Gary Horlacher 7:11:58

CORNBELT 24-HOUR ELDRIDGE, IOWA MAY 1 | ▲ 1,1

A 35-year-old woman from Chicago, Illinois, Jennifer Aradi proved herself to be the real deal with an overall win, collecting 123.61 miles for the 29th annual Cornbelt Running Club's 24 Hour Run. That was just less than a mile shy of the female course record for the event that was established in 1985. No doubt the day's winds and intermittent rain after midnight stressed her efforts. Jennifer took it all in stride, smiling about how close she got to the record. She ran strong and smart all day and night to achieve the overall win. Patrick McCartney, 38, from Knightson, Indiana, lost his rhythm in the afternoon and couldn't chase Jennifer down once she had passed him. Patrick's total race mileage of 111.38 placed him second overall and first male. He, like Jennifer, demonstrated perseverance to the end; both took home tall hourglass trophies for their efforts.

Three other competitors delivered finishes of over 100 miles. In total, the race had 29 finishers complete over 62 miles, out of a total field of 39. Runners came from ten different states to participate and the age range was from 21 years old to 79.

In addition to the main race, there were some side attractions and accomplishments – Ed Rousseau, a 70-year-old from Minnesota, delivered just over 53 miles in 12 hours for a potential U.S. track record. Race certification will be submitted for validation of Ed's effort that may improve the old record by just over a mile. After several breaks, Ed continued to add mileage at a more comfortable pace and ended the 24-hour period with 73.5 miles. A 79-year-old Iowa native that many here know, Glen Zirbel captured attention as he laid down consistent miles to complete a total of 62.38 total miles for the event.

The race had a wide variety of veterans and newbies, and all came away a little surprised at what they could do on the track. Cornbelt was a great venue to experiment with food and fluid plans, test the recovery of injuries, get a chance to meet others or just try out something new. The legion of lap-counters and handy access to aid, removed a little stress, but 24 hours is still 24 hours.

by Bonnie Busch

1. <u>Jennifer Aradi</u> , 35, IL	123.61 miles
2. Patrick McCartney, 38, IN	111.38
3. <u>Bonnie Busch</u> , 52	104.06
4. Bo Pfeffer, 58, IN	101.03
Bill Tucker, 59, IN	101.03
6. Michael Potter, 47, TX	91.98
7. Scott Hoag, 43	81.78
8. Allan Holtz, 60, MN	82.16
9. <u>Michelle Hall</u> , 37	77.68
10. Pat Flaherty, 54	76.02
11. Edward Rousseau, 70, MN	73.5
12. <u>Heather Kick-Belle</u> , 33, MN	71.98
13. Jim Ingalls, 65, TX	68.45
14. <u>Catherine Ward</u> , 50, NE	67.18
15. Jim Bys, 54	65.16
16. <u>Cindy Heisdorffer</u> , 52	64.66
17. Lynn Hawbaker, 61	64.91
18. <u>Lisa Paulos</u> , 49	64.41
19. Angela Ivory, 42, TN	63.9
20. Jeff Snicker, 50	63.39
Karl Wagner, 66	63.39
22. Kennen Hootman, 21, IL	63.33

23. Anthony Louck, 33	63.14
24. Dan Juarez, 53	62.38
<u>Kelli Hoag</u> , 38	62.38
Dan Kedley, 23	62.38
<u>Taylor Thompson</u> , 22	62.38
Timmy Hintze, 21	62.38
Glen Zirbel, 79	62.38
30. <u>Betsy Hoscheid</u> , 23	51.52
31. Wade Larson, 23	47.23
32. Gregory Murphy, 41	47.48
33. David Hughes, 64, IN	42.18
34. <u>Candace Kepford</u> , 56	37.89
35. George Kajdacs, 40, IL	33.84
36. Jeff Friedman, 26	31.32
37. Marv Bradley, 71, CO	31.07

GREENLAND TRAIL 50K LITTLETON, COLORADO MAY 1 | ▲ 2,2

1. Jared Scott, 29	3:52:15
2. Hendrik Moorlag, 47	3:55:15
3. Jason Romero, 40	4:09:54
4. NK Martin, 45	4:11:04
5. Wyatt Hornsby, 36, OH	4:14:59
6. Jim Mallory, 43	4:21:02
7. Steve Read, 43	4:22:12
8. William Doerrmann, 26	4:22:13
9. Jason Sonneborn, 32	4:28:09
10. Douglas Croft, 44	4:28:13
11. <u>Gayle Zorrilla</u> , 38	4:28:25
12. John McMillan, 51	4:33:43
13. Scott Caruso, 44	4:33:59
14. Bret Crock, 52	4:36:07
15. Tom Edwards, 53	4:40:16
16. Rob Ganger, 43	4:41:03
17. Harold Parker, 22	4:42:57
18. Bryan Sperry, 47	4:43:30
19. Stephen Smith, 44	4:46:11
20. Curt Ranweiler, 38	4:48:10
21. Jonathan Wueth, 47	4:54:35
22. Scott Buckingham, 29	4:55:46
23. Toby Coffman, 25	5:00:47
24. <u>Katie Hedley</u> , 23	5:01:36
25. Ryan Wolfrum, 33	5:03:26
26. Barry Hamilton, 48	5:04:35
27. Kevin Darmer, 32	5:06:54
28. Dale Hawkins, 36	5:08:01
29. James Herrera, 42	5:10:07
30. <u>Clara Coffman</u> , 26	5:10:40
31. <u>Dana Kracaw</u> , 25	5:10:50
32. Chris Lennon, 38	5:14:17
33. <u>Tammy Wueth</u> , 42	5:14:59
34. <u>Sheri Atkinson</u> , 46	5:16:52
35. <u>Rachel Dehner</u> , 40	5:17:02
36. Todd Duncan, 40	5:17:24
37. Roger Baer, 55	5:17:35
38. Chris Sullivan, 40	5:18:24
39. Todd Butler, 40	5:18:53
40. Chris Pruchnic, 42	5:19:58
41. Stacia Wilkins, 44	5:20:27
42. Patrick Fry, 37	5:21:30
43. Milan Klanjek, 47	5:21:57
44. <u>Alyson Kreutzer</u> , 27	5:24:19
45. John Lilly, 43	5:24:30
46. Dennis Callahan, 38	5:30:19
47. Vince Gerber, 55	5:30:31
48. <u>Karen Smidt</u> , 43	5:33:36
49. Mike Wilkinson, 38	5:34:16
50. Ryan Welch, 36	5:34:37
51. Bob Ternes, 32	5:39:32
52. <u>Jen Fisher</u> , 26	5:41:55
53. Alan Smith, 41	5:42:03
54. Fred Jorgensen, 62	5:42:51
55. <u>Teri Hedgpeth</u> , 44	5:43:34
56. <u>Dessa Willie</u> , 47	5:45:15

57. <u>Anna Moseley</u> , 24	5:45:16
58. Rick Surbrugg, 47	5:46:46
59. <u>Conny Schrock</u> , 36	5:48:44
60. <u>Jessica Poirier</u> , 30	5:49:55
61. Steven Pacheco, 45	5:50:26
62. <u>Krista Paul</u> , 31	5:51:46
63. Michael Hodges, 31	5:52:17
64. Matthew Anderson, 31	5:54:31
65. <u>Amy Weeden</u> , 32	5:54:57
66. <u>Lisa Hayen</u> , 35	5:55:29
67. Todd Burgess, 41	5:56:17
68. Gordon Neal, 53	5:56:20
69. <u>Sarah Kreutzer</u> , 22	5:58:27
70. Jack McGarry, 50	5:58:33
71. Todd Norman, 42	6:00:48
72. Cliff Davidson, 33	6:02:42
73. David Gapper, 28	6:03:45
74. Bruce Dowdy, 49	6:03:54
75. <u>Erin Ekblad</u> , 29	6:05:54
76. Adam Levy, 39	6:09:26
77. Steve Warmingham, 41	6:09:35
78. John Slate, 54	6:10:40
79. <u>Ana Rojas-Lebouef</u> , 38	6:10:45
80. Allen Lamb, 57	6:12:43
81. Pete Aronson, 39	6:14:20
82. Michael Bombace, 26	6:16:45
83. Chase Squires, 44	6:22:37
84. Bob Read, 51	6:23:17
85. Bob Findlay, 62	6:23:49
86. <u>Julieann Bergman</u> , 55	6:30:19
87. Marc Bergman, 58	6:30:20
88. David Reese, 42	6:30:44
89. Carl Trueman, 43	6:33:40
90. Tim Engel, 36	6:34:04
91. Dan Smith, 52	6:36:19
92. Bill Ebersohl, 57	6:37:15
93. Lee Burton, 49	6:37:39
94. Daniel Miller, 62	6:44:55
95. <u>Ann Craig</u> , 35	6:49:29
96. Michael Bachofen, 37	6:52:20
97. Christian Billing, 31	6:52:52
98. Clyde Landry, 63	6:55:43
99. <u>Jill Kerns</u> , 46	6:55:56
100. <u>Ulla Westermann</u> , 48	6:56:51
101. <u>Heather Grimard</u> , 37	6:59:34
102. Steve Buckley, 41	7:01:29
103. <u>Cecily Broomfield</u> , 31	7:02:05
104. <u>Holly Whelan</u> , 48	7:06:43
105. Mike Fontes, 58	7:09:19
106. <u>Angel Brock</u> , 40	7:18:05
107. Manuel Posada, 32	7:30:04
108. <u>Kimberly Kienitz</u> , 28	7:33:04
109. John Hobbs, 64	7:33:08
110. Scott Snyder, 55	7:33:10
111. <u>Catherine Seal</u> , 49	7:42:32
112. <u>Becky Banas</u> , 44	7:44:50
113. <u>Denise Tarbutton</u> , 45	7:44:54
114. Thomas Repas, 41	7:47:22
115. <u>Su-Lai Hamilton</u> , 40	7:59:42
116. Dan Gross, 32	8:08:27

IRONHORSE ULTRAS ST. PAUL, ALBERTA | MAY 1

100 MILES

1. <u>Jamie Nott</u>	20:49:45
2. <u>Monica Scholz</u>	21:10:57
3. Adam French	23:22:55
4. <u>Darcy Hertzberg</u>	24:06:50
Hiro Watanabe	24:06:50
6. <u>Salena Labine</u>	24:10:07
7. Rod Giachetta	27:56:00

100 KM

1. Darryl Kaluzniak	11:09:12
Logan Bealieu	11:09:12