

FREE STATE | 100KM/40M | LAWRENCE, KS | APRIL 23

GOOD IN SO MANY WAYS

by Sophia Wharton, RD

I relish reading the race reports in *UltraRunning* magazine and recently noticed a trend. As the sport grows by leaps and bounds, some of these read like a broken record.

"Course smashed by Sharman"

"Deep competition rocks record"

"Course record shattered"

Would this be the case at Free State Trail 40 and 100K?

"Sophia, it was a new course so they are all new records." Ben was reminding me of an obvious fact that I had overlooked. But let's step back and really look at the numbers. This new 20-mile loop course was longer by about a mile.

and dry April left the trail soft and dry, without the usual ass-flicking mud.

The field wasn't unusually large. Runners had two "cute" shorter distances of a half or full marathon and many opted for those, with the bonus of sticking around and watching the other races finish.

I had convinced a fellow Trail Nerd to step it up from the marathon to the 40. Danny Loental runs a lot with the Mud Babes, and this was his chance to be a man. Also in the tough, yet non-record-breaking division was somewhat of a celebrity for Ben and me. Joe Prusaitis, who race directs Rocky Raccoon, had made the 800-

IN THE TOUGH YET NON-RECORD-BREAKING DIVISION:

Danny finishes strong, and resists my suggestion to hit another loop. He has a nursing exam and needs to study. Ben and I both coax a runner each out for a third loop and get to witness the resulting exultation at their finish and buckle presentation. It was the kind of elation that only comes when you realize how close you came to failure.

As for Joe, he had some very kind words:

I finished well, although my time may not reflect it. Ben and Sophia handed me my buckle and a hug. They are both genuine and wonder-



Jim Sheldon runs a strong race



David Wakefield wins the 40-miler



Texan race director Joe Prusaitis races Kansas

If this year's winner could break the old record, it would definitely set a new standard.

A local duo, Darin Schneidewind and David Wakefield were training to "take the double," with Wakefield, winning the 40-miler and Darin the 100-km.

During Ben's seven-minute pre-race talk, he described the course changes to the runners.

"So much for breaking the record," David remarked to Darin.

But the longer course was met with unheard of conditions for this race. An unusually cold

mile trek in his black pick-up truck to run the Free State 100-km. Oddly, Danny and Joe would spend the better part of the second loop together.

Here's how it shakes out:

Schneidewind does break the old course record by three minutes, despite the new course being a total of three miles longer. Shelli Egli lead the women's 100-km the whole day, coming in only seven seconds after the fifth place male. Wakefield zooms in for the easy win of the 40. And local talent Mindy Coolman takes the women's 40-mile win on her first 40 miler.

ful people, good in so many ways. They took care of me and everyone else who was here. They put on a well-thought-out and professional race, loaded with their own special manner of care and understanding. Their volunteers reflect the same manner as they do, doing their best to care for each of us, and staying till the last runner is done. I would not change a thing, but from what I understand, the weather will do that for them. ■

6. Scott Dubrul, 42
7. Anne Langstaff, 49
8. Laura Sohaskey, 52

8:52:00
10:16:00
12:13:00

20. Brian Lauzon, 50
21. Michael Moran, 41
22. David Kennebeck, 27
23. Tracey Ross, 27
24. Matt Kee, 35

4:51:00
5:11:00
5:11:00

25. Rich Henderson, 55
26. Beth Miller, 29
27. Jeff Christian, 37
28. Brandon Henneman, 34
29. Roy Heger, 56

5:51:00
5:55:00
6:15:00

30. Jeffrey Allen, 43
31. Mark Chaloupka, 47
32. Wendy Babcock, 46
33. Bob Combs, 43
34. David Koch, 51

6:26:00
6:39:00
6:51:00

35. Doug Klein, 49
36. Mike Erhardt, 50
37. Christine Tokarz, 34
38. Mike Moldvay, 38
39. Joey Sattler, 26

6:57:00
7:02:00
7:22:00

40. Lou Karl, 55
41. Denine Ryan, 46
42. TJ Hawk, 53
43. Bethany Oleksyk, 27
44. Krissy Minteer, 33

7:51:00
7:55:00
8:01:00

45. Joe Russell, 43
46. Darla Sedlacek, 40
47. Scott Sedlacek, 39
48. Rita Barnes, 55
49. Gene Jochen, 48

8:01:00
8:39:00
8:42:00

50. Michael Dowdell, 35
51. Mark Gallagher, 48
52. Tim Quinn, 40
53. Jay Williams, 53
54. Jon Paul Preston, 32

10:26:00
10:26:00
10:28:00

55. Eric Ripper, 40
56. Shannon Fisher, 54
57. Glenn Dumonthier, 45
58. Suzanne Pokorny, 44
59. Mark Carroll, 46

50 K

1. Scott Bajer, 36, AZ
2. Mykl Morrissey, 41
Vito Rubino, 33
4. Katie Mazzia, 41, CO
5. Trudy Nygren, 48
6. Heather Allen, 34
7. Matthew Graham, 40
8. Trevor Hall, 43, VA
9. Lora Tang, 44
10. Paul Reardon, 45, NJ
11. Divya Joshi, 42
12. Jesse Valle, 54
13. Rebecca Samet, 50
14. Jake Sanders, 42
15. Bob Keffe, 65
16. Christopher Radle, 36
Scott Schram, 35
18. Dennis Huffman, 62
19. Tina Smilkstein, 50
20. Bryan Brown, 11
21. Patricia DeVita, 77
Sherri DeVita, 52
23. Patty Landis, 70

FOLSOM POINT TRAIL RUN

50 KM | FOLSOM, CALIFORNIA

APRIL 23

1. Gerell Elliott, 40
2. David Goodin, 41
3. Tina Jones-Vicencio, 41
4. Eric Chitwood, 34
5. Travis Smith, 39
6. J.R. Mintz, 44
7. Jason Dumars, 41
8. Jeffery Johnston, 46
9. Alan Barichievich, 44
10. Charles Trotter, 43
11. Jay Littleford, 42
12. Stephany Hiller, 47
13. Michael Ludes, 51
Steven Douglas, 46
15. Matthew Radeski, 51
16. Jody Cummings, 42
17. Russel Grimes, 34
18. Jason Riddle, 29, NV
19. Bic Aki, 46
20. Jayne Peterlin, 44
21. Richard Roehrkasse, 64
22. Lorenzo Macias, 44
23. Robert Veteto, 46
24. Brian Tsuyuki, 58
25. Eric Hicks, 55, NV
26. Paris Lacaze, 35
David Bieber, 52
28. Janelle Brewer, 27
29. Nancy Wilkerson, 44
30. Denise Grundy, 38
31. Cathy Mason, 60
32. Richard Burke, 58
Audrey Reyes, 36

3:51:32
4:28:24
4:32:04
4:33:24
4:38:47
4:41:00
5:07:34
5:14:47
5:19:08
5:22:32
5:27:55
5:31:58
5:42:52
5:42:52
5:47:41
5:52:33
6:14:06
6:14:54
6:15:04
6:19:57
6:23:03
6:23:09
6:25:05
6:49:32
6:53:23
7:02:56
7:02:56
7:20:21
7:20:54
7:28:42
7:56:12
8:56:59
8:56:59

- 5:24:30
5:24:31
5:30:48
5:30:52
5:35:35
5:36:14
5:37:50
5:38:20
5:42:01
5:42:45
5:44:34
5:46:36
5:51:47
5:52:06
5:52:08
5:55:53
6:01:39
6:02:51
6:05:39
6:06:30
6:08:08
6:08:22
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7:02:36
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7:04:33
7:05:04
7:07:16
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7:31:50
7:35:49
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7:43:06
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7:46:17
7:46:18

25. Rich Henderson, 55
26. Beth Miller, 29
27. Jeff Christian, 37
28. Brandon Henneman, 34
29. Roy Heger, 56
30. Jeffrey Allen, 43
31. Mark Chaloupka, 47
32. Wendy Babcock, 46
33. Bob Combs, 43
34. David Koch, 51
35. Doug Klein, 49
36. Mike Erhardt, 50
37. Christine Tokarz, 34
38. Mike Moldvay, 38
39. Joey Sattler, 26
40. Lou Karl, 55
41. Denine Ryan, 46
42. TJ Hawk, 53
43. Bethany Oleksyk, 27
44. Krissy Minteer, 33
45. Joe Russell, 43
46. Darla Sedlacek, 40
47. Scott Sedlacek, 39
48. Rita Barnes, 55
49. Gene Jochen, 48
50. Michael Dowdell, 35
51. Mark Gallagher, 48
52. Tim Quinn, 40
53. Jay Williams, 53
54. Jon Paul Preston, 32
55. Eric Ripper, 40
56. Shannon Fisher, 54
57. Glenn Dumonthier, 45
58. Suzanne Pokorny, 44
59. Mark Carroll, 46
60. Linda Barhorst, 48
61. Roger Niethe, 53
62. Joe Petkac, 55
63. John Leighton, 50
64. Tami Rhodes, 41
65. Derek Tinnin, 43
66. David Schwabenbaue, 46
67. Brian Radowski, 31
68. Jason Radowski, 33
69. Debbie Haynes, 52
70. Marie Bartoletti, 53
71. Amanda Champa, 35
72. Cody Knepp, 55
73. Maria Pfeiffer, 37
Chad Heald, 34
75. Julie Jensen, 41
James Brockman, 49
77. June Calet, 45
Melissa Johnson, 43
79. Joe Jurczyk, 46
80. Timothy McGinty, 59
81. Bill Wagner, 57
82. Tara Schweitzer, 35
83. Samuel Pak, 60
84. Michael Kazar, 46
85. Jeannette Spada, 38
86. Kathleen Dickson, 34
87. Chris Lassen, 48
88. Carole Krus, 43
89. Bradford Williams, 59
90. Frederick Davis, 63
91. Cheryl Splain, 51
92. John Roper, 61
93. Julie O'Connell, 52
94. Kurt Osadchuk, 51
95. Sandra Woolman, 45
96. Andrew Tomasch, 30
97. Danielle A Ripper, 36
98. Elizabeth Sosan, 43
99. Pete Rasmussen, 46
100. Dave Janosko, 53
101. Lori Lewis, 25
102. Rob Pekare, 25
103. Rachelle Richards, 34
104. Rick Leedy, 48
105. Nickolas Gillombardo, 22
106. Tyson McCuen, 39
107. Scott Ferrari, 53
108. Tony Mollica, 52
109. Andrea Eisenberg, 48
110. Tim Harber, 54
111. Suzanne Deming, 53

FORGET THE PR,
MOHICAN 50K

LOUDONVILLE, OHIO

APRIL 17 | ▲ 3,3

1. Shaun Pope
2. Vince Rucci
3. Brian Kaminski
4. Steve Calhoun
5. Lee Conner
6. Seth Chin-Parker
7. Brad Polman
8. Trevor Garretson
9. Michael Niebauer
10. Steve Trickett
11. Jeff Swartz
12. Gabriel Bures
13. Rich Henderson
14. Eric Indiciani
15. Suneel Apte
16. Steve Hannahs
17. Rick Vanburen
18. Terri Lemke
19. David Kennebeck
20. Chuck Kregger
21. Tracey Ross
22. Ronald Ross
23. Mark Chaloupka
24. Jeff Christian
25. Gregory Murray
26. Todd Bumgardner
27. George Kennedy
28. John Cox
29. Joe Winch
30. Chris Pratt
31. Dawn Malone
32. Melissa Terwilliger
33. Matthew Fuss
34. Chris Magnant
35. Eric Hoellrich
36. Tara Kaminski
37. Rob Carroll
38. George Brinegar
39. Ray Bovaird
40. Norman Kettenbauer
41. Brandon Russell
42. Mike Else
43. Kimberly Bucey
44. Kellie Truesdell
45. Debra Rojewski
46. Gary Nichols
47. Luis Ramirez
48. Chris Drage
49. Jay Williams
50. Mary Kitzig
51. John Buehrle
52. Andrew Feast
53. Jim Smith
54. Brooke Warehime
55. Mark Marshalek
56. Mark Anson
Linda Barhorst
58. David Chippi
59. Matt Eckels
60. Rita Barnes
61. Chris Cunningham
62. Karey Reese
63. Joe Crawford
64. Janalee Stock
65. Kevin Tenkku
66. Courtney Russell
67. James Brockman
68. Mike Keller
69. Robert Wright
70. Wayne Snyder
71. Michael Kazar
72. Michael Ash
73. Doug Delahanty
74. Cassandra McCune
75. Bob Drake
76. Tara Schweitzer
77. Bill Wagner
78. Scott Wolf
79. Kathy Wolf
80. Chad Heald

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7:27:46
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7:28:10
7:31:31
7:34:44

81. John Nichols
82. Tom Jennings
83. Brent Bucey
84. Ron Dukes
85. Thomas Lane
86. Tony Mollica
87. Duane Gomez
88. Eric Husty
89. Kristin Husty
90. Julie O'Connell
91. Cody Knepp
92. Terrie Turner
93. Neal Schick
94. Gary Nuss
95. Ed Haas
96. Kim Tish
97. Lisa Kurtz
98. Brian Musick
99. Gianluca Blengio
100. John Herraghty
101. John Warrick
102. Suzanne Deming
103. Tim Harber
104. Betty Sharpe
105. Brooke Kroto
106. Sean Lowry
107. John Roper
108. Sharon Sessler
109. Frank Fenton
110. Thomas Patton
111. Vanessa Ragozzine
112. Stuart Ravary
113. Bruce McMurray
114. Gerri Kornblut
115. John Lee
116. Molly Kitchen
117. Jim Austin

FREE STATE TRAIL RUN

LAWRENCE, KANSAS

APRIL 23 | ▲ 3,5

100 KM

1. Darin Schneidewind, 41
2. Todd Nott, 47
3. Stephen O'neal, 32
4. Phil Sheridan, 54
5. Brian Cohn, 34
6. Shelley Egli, 37
7. Chad Wooderson, 36
8. Kevin Carrothers, 46
9. Karen Smidt, 43
10. Larry Long, 44
11. Claude Hicks Jr., 51
12. Derek Strain, 45
13. Matthew Westfall, 22
14. Adam Monaghan, 28
15. Marie-Helene Faurie, 43
16. Farhad Zari, 41
17. Karyn Weber, 45
18. Zach Adams, 33
19. Jason LaPlant, 31
20. Jake Delbert, 33
21. Craig Duhn, 35
22. Wesley Rolnick, 23
23. Kurt Egli, 48
24. Tony Brown, 50
25. Joe Prusaitis, 56
26. Terry Rider, 56
27. William Sprouse, 42
28. Jarad Cruse, 34
29. Steve Hoyer, 53
30. Mark Hammer, 50
31. Jay Mooney, 35
32. Micah Nelson, 26
Jeff Ward
34. Amber Gates, 30

40 MILES

1. David Wakefield, 36
2. John King, 38
3. Jason McGinnis, 30
4. Robert Phillips, 21
5. Patrick Perry, 46
6. Mindy Coolman, 29
7. Bryan Tlamka, 36
8. Jason Chicoine, 39
9. Ron Golan, 49
10. Kirby Grider, 32
11. Kyle Stone, 42
12. Joe Barnard, 31

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8:48:39
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11:46:04
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13:11:56
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13:33:11
13:53:35
14:02:55
14:17:56
14:30:39
14:48:54
14:53:24
14:58:02
15:06:00
15:11:22
15:12:17
15:09:02
16:09:02
16:27:03

13. Scott Giddings, 42	7:54:15
14. Brandon Hidaka, 24	7:54:45
15. Ricardo Alvarez, 35	7:55:44
16. Dann Fisher, 47	7:58:24
Bart Fisher, 7	7:58:24
Tess Fisher	7:58:24
19. Aaron Harris, 36	8:03:16
20. Ryan Krol, 26	8:10:06
21. William Volinski, 31	8:14:22
22. Steve Baker, 41	8:20:07
23. John Grauer, 46	8:20:32
24. Vicky Arterburn, 38	8:24:35
25. Gary Whittington, 55	8:32:34
26. Jim Sheldon, 50	8:32:45
27. Allen Schaidle	8:36:05
28. Austin Hinchey, 19	8:40:33
29. Lisa Kedzuf-McGinnis, 34	8:45:35
30. Daniel Loental, 30	8:48:37
31. Darin Genereux, 36	8:49:30
32. Alec Barowka, 18	8:55:13
33. Jacob Hoopes, 19	9:03:04
34. Robert Gwozdz, 51	9:03:11
35. Graham Fox, 27	9:04:49
36. Clifford Garner, 43	9:08:31
37. Brian Brooks, 38	9:24:30
38. James Danoff-Burg, 44	9:36:38
39. Kristine Hartman, 52	9:37:32
40. Damon Anderson, 40	9:37:38
41. Jim Collins, 57	9:46:51
42. Erica Carper, 39	9:52:37
43. David Brenner, 54	10:20:59
44. Justin Collie, 29	10:23:45
45. Rhodora Bray, 60	10:27:48
46. Mike Ramolt, 46	10:55:08
47. Jon Sloan, 30	11:27:16
48. Tony Matthison	11:43:55
49. Brian Kendall, 46	12:20:21
50. Rafael Machuca, 37	12:43:36

FRISCO RAILROAD RUN

WILLARD, MISSOURI
APRIL 30 | ▲ 1,1

50 MILES

1. Matthew Raterman, 32	6:32:12
2. Thomas Whalen, 45	6:50:11
3. Ben Creehan, 35	7:41:11
4. Brian Ortell, 44	7:54:41
5. Brian Dunham, 39	7:57:04
6. Mark Plucinski, 56	8:04:13
7. Mike Baxter, 56	8:27:57
8. Stacey Shaver, 39	8:36:58
9. Josh Watson, 32	8:38:56
10. Anton Kleparek, 30	8:45:34
11. Karen Plucinski, 48	8:55:45
12. Sean Kerr, 44	8:56:12
13. Greg Vanmarter, 35	9:16:33
14. Dave Cown, 33	9:26:20
15. Chuck Hamblin, 45	9:35:14
16. Joe Johnson, 57	9:41:12
17. Edward Stillie, 53	9:48:17
Stephen Tucker, 43	9:48:17
19. Jeffrey Foes, 45	9:55:12
Glenn Richey, 58	9:55:12
21. Bob Dewar, 65	10:37:03
22. John Ussery, 55	10:38:28
23. Allen Scarff, 33	10:45:50
Joe Ferry, 42	10:45:50
25. Ian Maggarrey, 46	10:54:48
26. Kurt Mungenast, 42	11:14:47
27. KC Kopaska, 52	11:40:27

50 KM

1. Richard Leiboult, 54	3:38:24
2. Becky Lowrance, 53	4:11:54
3. Kevin Ivie, 31	4:24:18
4. Jared Smith, 29	4:44:20
5. Randy Ellis, 59	4:51:39
6. Will Landreth, 25	4:54:58
7. Alisha Glackin, 30	4:55:37
8. Abbie Haden, 28	5:22:13
9. Scott Long, 31	5:33:01
10. Todd Timmons, 50	5:53:48
11. Mario Abramson, 50	5:58:15
12. Cyndy Bolte, 53	6:00:15
13. Jana Phillips, 47	6:02:31
Chris Cochran, 39	6:04:04
Shannon Cochran, 40	6:04:04
Emm Foster, 52	6:04:04
17. Terry Timmons, 25	6:27:11
18. Billy Kelley, 53	6:28:35
19. Duane Grigg, 60	6:47:35

20. Todd Lekarczyk, 48	6:58:38
21. Billy Essley, 44	7:15:20
22. Debbie Colletta, 54	8:09:31

GAC MOTHER'S DAY 6-HOUR

TOPSFIELD, MASSACHUSETTS
MAY 8 | ▲ 1,1

1. Ron Farkash, 43	43 miles
2. Greg Esbitt, 37	42
3. Lori Wetzel, 38	40
David Boudreau, 39	40
5. Jim Campiformio, 60	37
6. Kenneth Lemerise, 60	36
Susan Collins-Pulick, 42	36
Jeff Lane, 34	36
9. Joe Hayes, 62	34
10. Ashley Dezen, 25	33
Matthew Demers, 45	33
Lana Popova, 44	33
Amy Mosco, 39	33
14. Charlie Zerbiniopoulos, 61	31
Jennifer Fields, 41	31
Roy Van Buren, 49	31
Peter Copelas, 50	31
18. Brenda Morris, 44	30
Kevin Claire, 42	30
Karen Giroux, 45	30
Joe Milligan, 76	30
Dana Begin, 35	30
Andrew Abbandanza, 25	30
24. Sarah Wiegand, 34	29
25. Randy Witlicki, 54, VT	28
Elizabeth Sullivan, 27	27
Dave McDermott, 56	27
Deb Touchette, 54	27
Stephen Touchette, 55	27

GATOR TRAIL 50K

LAKE WACCAW, N CAROLINA
MARCH 26 | ▲ 1,3

1. Ryan Triffitt, 36, ME	3:56:29
2. Bryan Langan, 34	4:18:27
3. John Robinson, 42	4:20:56
4. Marie-Ange Smith, 24	4:28:34
5. Jay Edge, 36	4:33:13
6. Mark Long, 52	4:36:17
7. Michael Domin, 37, SC	4:42:28
8. Ted Hawkins, 41	4:45:42
9. Danielle Triffitt, 36, ME	4:47:10
10. Ralph Cocco, 27	4:49:20
11. John Dailey, 41	4:49:41
12. David Frederiksen, 40	5:01:03
13. Marcey Rader, 36	5:04:49
14. Christopher Bradley, 32	5:07:26
15. Richard Schick, 61, GA	5:13:03
16. John Somerindyke, 42	5:16:47
17. Emma Mahoney, 41	5:35:44
18. William Keane, 66	5:43:56
19. James Norris, 61, AR	5:45:34
20. Stephanie Carter, 33	5:48:07
21. Angie Burn, 48	6:02:18
22. Bill Hardy, 47, PA	6:04:35
23. William Nease, 30	6:57:03
24. Chris Smith, 35	7:05:04
25. Robert Calabria, 70	7:20:59
26. Todd Kelsey, 39	8:04:22

GLACIER RIDGE

PORTERSVILLE, PENNSYLVANIA
APRIL 9 | ▲ 3,4

50 MILES

1. Alex Barth, 38	7:36:51
2. Derek Schultz, 32	7:47:58
3. Todd Walker, 44, MA	7:51:51
4. Richard Cook, 48	9:02:14
5. Andrew Holland, 32, NY	9:06:03
6. Bob Weinhold, 41	9:07:43
7. Zachary Baldwin, 26, NY	9:13:53
8. Sarah Vanderelli, 43	9:27:48
9. Nicholas Ferrara, 38	9:32:21
10. Matt Clay, 32	9:41:49
11. Eric Deutscher, 39	9:52:30
12. Jeff Gleason, 53	10:05:28
13. Ted Ricci, 45, TX	10:16:31
14. Andrew Place, 50	10:16:33
15. Michael Pantalone, 42	10:17:02

16. Jason Maruccio, 34	10:17:11
17. David Forman, 29, OH	10:29:01
18. Tim End, 52	10:44:03
19. Jason Marshall, 25	10:47:59
20. Eric Knorr, 51	10:54:03
21. Jason Eckberg, 35, OH	11:13:28
22. Stephen Cooper, 56, MD	11:13:30
23. Brian Ottinger, 54	11:21:20
24. Christopher Eyerman, 47	11:21:22
25. Stacy Kopchak, 47	11:23:40
26. Luke Wise, 30	11:27:56
27. Brooke Holton-Tweed, 31	11:38:59
28. Bill Thompson, 44	11:42:01
29. Daniel Stolick, 38	11:42:55
30. David Bushroe, 46, OH	11:45:08
31. Ken Zellars, 62	11:45:58
32. Darryl Walker, 38	11:51:58
33. Kimberly Marshall, 39	12:29:27
34. Donald Putnam, 36, NY	12:41:23
35. Stacy Gelhaus, 33	12:54:49
36. Robert Thiem, 48	13:05:18
37. Amy Formica, 37	13:09:08
38. Gineen Dutkovic, 45	13:09:10
39. Kreig Spahn, 46	13:16:15
40. Tom Parenti, 35	13:18:34
41. Eric Ripper, 40	13:20:22
42. Mary Zielinski, 45, MD	13:34:42
43. Molly Goldsmith, 32	13:34:44
44. Rick Weaver, 55	13:40:50
45. Julia Murray, 45	13:45:29
46. David Murray, 46	13:45:32
47. Danielle Ripper, 36	13:52:28

50 KM

1. Jeff Nelson, 46	4:41:21
2. Andrew Brosius, 32	5:15:41
3. Craig Caylor, 37	5:25:40
4. Philip Turk, 47, WV	5:27:14
5. Gary Twoey, 41	5:31:32
6. Jeff Lynn, 43	5:42:16
7. Cyrus Barucha, 46, ON	5:47:53
8. Greg Redding, 45, IN	5:52:34
9. Marc Ivory, 39, OH	5:53:58
10. Brian Lauzon, 50, ON	5:57:13
11. Dave Reid, 52, ON	6:03:44
12. Robert Wolfe, 43, OH	6:05:08
13. Vera Murton, 28, MA	6:06:10
14. Robert Tremblay, 48, ON	6:20:04
15. Peter Willis, 41, RI	6:22:48
16. Patrick Carns, 29	6:25:30
17. Paul Hingorani, 47, ON	6:28:22
18. Clare Smith, 30	6:29:47
19. Tiffany Small, 44	6:36:08
20. Rich Evans, 38	6:40:28
21. Eric Grol, 34	6:44:45
22. Matty Maudclair, 32	6:46:01
23. Quincy Hershey, 27	6:51:37
24. Denise Shearer, 37	6:52:29
25. Mark Mannering, 52, ON	6:58:46
26. Glenn Bourgeois, 62, ON	7:04:26
27. Mathew Rogos, 36	7:06:11
28. Chris Geary, 35, VA	7:06:12
29. Cynthia Sanchas, 56	7:17:59
30. Marie Bartoletti, 53	7:19:15
31. Craig Mulhinch, 48, MI	7:21:33
32. Jesse Shearin, 49	7:21:50
33. John Delancey, 50	7:21:52
34. Kent Watson, 56	7:23:50
35. Joe Triglia, 45	7:25:39
36. Tom Robinson, 19	7:36:06
37. Danielle Lucas, 25	7:38:19
38. Mark Kostek, 42	7:43:18
39. Michael Anderson, 51	7:43:20
40. Ken Dornback, 44	7:46:59
41. Michael Kazar, 47, OH	7:47:02
42. Tom Jennings, 52	7:47:30
43. Howard Zickefoose, 43, OH	8:01:49
44. Michael Zickefoose, 18, OH	8:03:58
45. Bryan Watterson, 40	8:04:02
46. Kim Love-Ottbre, 45	8:06:34
47. James Trivoli, 42	8:07:04
48. Emily McCullough, 31, CO	8:08:41
49. Steve Posti, 43	8:17:24
50. Mick Quen, 33	8:32:47
51. Roger Oxendale, 57, FL	8:34:47
52. Chuck Thorpe, 54	8:34:49
53. Katie Peterson, 28	8:41:18
54. John Edleman, 59	8:57:06
55. Dan Weaver, 31	8:57:19
56. Mike Halkovich, 39, OH	8:57:50
57. Stephan Vogel, 53	8:58:48

GREENLAND TRAIL 50K

LARKSPUR, COLORADO
MAY 7 | ▲ 2,2

1. Peter Maksimow, 32	3:25:12
2. Mark Mobley, 40	3:51:47
3. Jared Scott, 40	3:52:31
4. Michael Trahan, 25	3:57:16
5. Melanie Fryar, 30	4:03:33
6. Tony Stafford, 32	4:13:33
7. Don Solberg, 42	4:19:59
8. Kevin Kaufman, 33	4:21:21
9. Scott Caruso, 45	4:22:28
10. Stephen McCrohan, 37	4:24:54
11. Todd Grant, 47	4:25:50
12. Stephanie Jones, 40	4:26:43
13. Andrew Jarvis, 21	4:33:37
14. Gayle Zorrilla, 39	4:34:44
15. Carl Mather, 46	4:37:48
16. Chris Langer, 35	4:40:33
17. Paul Stofko, 35	4:43:02
18. Bobby Biles, 44	4:47:07
19. David Selden, 51	4:49:35
20. Kevin Berg, 54	4:49:37
21. Christopher Klein, 31	4:50:01
22. Matthew Curtis, 35	4:52:52
23. Kevin Darmer, 33	4:52:57
24. Bryan Williams, 36	4:53:33
25. Johnny Smith, 39	4:55:41
26. Dan Grigsby, 27	4:58:55
27. Ben Anderson, 31	4:59:32
28. John Heisel, 38	5:00:42
29. Todd Duncan, 40	5:01:06
30. Mike Beagley, 31	5:01:37
31. Catherine Webber, 42	5:02:01
32. Cindy Stonemith, 47	5:04:38
33. Sean Tokarz, 26	5:05:25
34. Dana Kracaw, 26	5:05:48
35. Jeff Bollman, 43	5:05:53
36. Carrie Stafford, 32	5:08:10
37. Alan Smith, 42	5:09:06
38. Chris Justice, 42	5:13:08
39. Mike Wesley, 27	5:13:12
40. Christine Larzelere, 37	5:16:11
41. Anne Martin, 28	5:16:43
42. Eric Sells, 42	5:17:10
43. Peter Sanders, 40	5:17:32
44. Tony Yao, 36	5:18:50
45. Cortney Potter, 31	5:19:00
46. Blake Anneberg, 25	5:20:17
47. Wes Mountain, 28	5:20:40
48. Kimberly Hobert, 37	5:20:52
49. Cornelia Schrock, 37	5:21:48
50. Sergio Saenz, 41	5:22:15
51. Ryan Martin, 41	5:23:15
52. Jackie Branch, 36	5:24:36
53. Colleen Ihnken, 47	5:24:46
54. Tom Wesley, 27	5:26:26
55. Walter Olsen, 33	5:26:38
56. Drew Brazier, 27	5:26:53
57. David Young, 45	5:27:49
58. Carolyn Chenoweth, 33	5:31:28
59. Scott Williams, 39	5:31:29
60. Randy Lindsey, 58	5:31:59
61. Amy Weeden, 33	5:33:30
62. Sammie Speaks, 37	5:34:17
63. Kimberly Greer, 50	5:35:09
64. Ben Nelson, 24	5:36:06
65. Kevin Howard, 28	5:36:07
66. Julie Seydel, 43	5:36:42
67. John Brandt, 40	5:37:05
68. Michael Beddows, 41	5:37:23
69. Mark Warner, 47	5:37:53
70. Serena Warner, 44	5:37:53
71. Adam Raffkind, 42	5:39:02
72. Enrique Maldonado, 42	5:39:32
73. Mike Wilkinson, 39	5:39:40
74. Bonnie Hildreth, 31	5:41:00
75. Judy Delzell, 39	5:41:14
76. Parks Williams, 69	5:42:39
77. Roger Baer, 56	5:43:00
78. Arnaud Lezenne, 39	5:44:01
79. Sean Case, 32	5:44:22
80. Heather Jones-Proctor, 33	5:44:27
81. Bill Gray, 44	5:45:01
82. Lukas Guennel, 30	5:45:41
83. Barbara Franzen, 57	5:46:18
84. James Garcia, 41	5:46:38
85. Kenyon Waugh, 40	5:48:29
86. Michael Hughson, 33	5:50:04
87. Thomas Grant, 53	5:50:18
88. Brianna Pierson, 32	5:50:23