

HAWK TRAIL ULTRAS

HOME COURSE ADVANTAGE

by Chris Wristen

Make no mistake about it: Darin Schneidewind and Sherrie Klover know the trails at Clinton Lake State Park.

Neither of them lives in Lawrence, Kansas, but Schneidewind, 43, of Lyndon, and Klover, 45, of nearby Bonner Springs, log at least 20 miles every weekend on the Clinton Lake trails.

They run early to gain quality time training in darkness, and they run in the heat of the day to simulate the harshest of racing conditions. Most important, however, is that all of those miles take place at Clinton Lake. For Schneidewind and Klover, that equated to a serious home-course advantage at the Hawk Hundred.

Schneidewind – the 2010 Kettle Moraine 100-mile champion and 2011 Ozark Trail 100 runner-up – battled leg cramps for more than 40 miles before regaining his stride in the late-night hours and pulling away to claim first-place honors in a course-record time of 20:20:30.

"I cramped for about 45 miles ... at least," an exhausted Schneidewind said after finishing.

"That's a tough 100-miler right there. That's a tough 100..."

The victory gave Schneidewind a victory at his third different distance at Clinton Lake. Previously he has won 40-mile and 100K races on the same trails.

Klover, who'd been locked in a back-and-forth battle for second place overall for most of the final 50 miles, charged out of the woods and across the finish line as the female champion and overall runner-up in 21:58:28. It marked her second 100-mile finish after taking fourth-place female at the 2012 Rocky Raccoon 100.

John Pollihan took second-place male and third overall in 22:10:44; Joshua Pool also went sub-24 with his 22:55:33 finish.

In all, 13 runners finished the 100-mile race within the 32-hour time limit. That's more than the 11 who toed the starting line for the inaugural Hawk Hundred in 2011. Adding to the growth of the second-year race was the fact that the Lawrence Trail Hawks merged the 100-miler

with their 50-mile and marathon races. As a result, the Hawk Hundred blossomed from an intimate affair into an event with more than 140 runners registered for the three distances.

"It's unbelievable that we hosted an event that went from 11 to 140 people in one year," said Danny Miller, who co-directed the event with Coleen Voeks. "I was stunned by the interest in the 50-mile event, which outnumbered marathons. When we first started planning this year's event, I expected 40, maybe 50 people total. The final number still stuns me."

While the 100-mile was the centerpiece, the 50-mile featured numerous speedy performances as well. Adam Dearing blazed through two 25-mile loops in a course-record time of 7:39:54. Paul Schoenlaub finished second in 8:23:12 in his first race back after a sub-24 showing at the Leadville Trail 100 less than a month earlier. Katie Sealer was the female champ in the 50-mile in a course-record time of 11:09:11, and Genno Cline was the runner-up in 11:32:00. ■



Zach Jones in the 50-mile



Sherrie Klover is top woman and second overall

HAWK TRAIL ULTRAS | LAWRENCE, KANSAS | SEPTEMBER 8 | ▲ 1,4

100 MILES

1. Darin Schneidewind, 43	20:20:30
2. Sherrie Klover, 45	21:58:28
3. John Pollihan, 31, MO	22:10:44
4. Joshua Pool, 32	22:55:33
5. Mike Smith, 54, IN	25:48:23
6. Elden Galano, 54	27:43:22
7. Kevin Brown, 46	28:39:36
8. William Sprouse, 43	29:16:58
9. Jay Mooney, 37	29:30:40
10. Carl Cleveland, 45	29:40:32
11. Gregg Mrkvicka, 47, MO	31:33:07

12. Terry Rider, 57	31:34:57
13. Donnie Dempewolf, 24	31:34:58

50 MILES

1. Adam Dearing, 30, MO	7:39:54
2. Paul Schoenlaub, 53, MO	8:23:12
3. Trevor Darmstetter, 21	8:53:23
4. Pete Kostelnick, 24, NE	8:55:10
5. Robert Hillyer, 22, MO	9:11:56
6. Kasper Schirer, 29	9:19:40
7. Wael Sammur, 50, MO	9:43:31
8. Zach Jones, 30	10:06:56
9. Gerry Hollis, 44	10:09:44

10. Jeff Woody, 48, TN	10:17:44
11. Sam Schirer, 27	10:18:42
12. Ronald Lapoint, 31	10:35:53
13. Kathryn Sealer, 22, MO	11:09:11
14. Darrin Johnson, 44	11:17:08
15. Genno Cline, 40	11:32:00
16. Marsha Xiong, 22, MO	11:35:54
17. Genevieve Spivey, 35	11:37:31
18. Nicole Parkhurst, 32, MO	11:37:31
19. Benjamin Smoker, 40, MO	11:37:45
20. Wellborn George, 26, GA	11:39:09
21. Sarah Henning, 31	11:52:36
Nicole Green, 29	11:52:36

23. Allen Light, 32	11:52:44
24. Bill Loats, 46	12:26:35
25. Jesse Smith, 25, MO	13:02:23
Steve Lower, 61	13:02:23
27. Emm Foster, 53, MO	13:36:27
28. John Shaw, 69, CO	13:36:50
29. Brian Ciolek, 32, MO	13:58:00
30. Pali Richardson, 29	14:09:05
31. Jason Dinkel, 37	14:25:00
32. Tanner Tenbrink, 32	14:30:45
33. Mike Youngblood, 49, TN	15:07:30
34. Chad Harper, 35	15:13:06